

### *Sample Service Ideas to Add to Your Daily Routine*

- Walk around the block and pick up trash.
- Send a letter to an elderly person.
- Clean out your bookcase and donate books you have read to a homeless shelter or other organization.
- Hold the door to a building open for the person following you in.
- Save your snack money and put it in the church poor box.
- Eat your next meal in silence while praying for a special intention.
- Say thank you to everyone who assists you today.
- Help your family plan to donate food to Aid for Friends.
- Give compliments to others.
- Say hello to people you pass. Smile.
- Apologize to someone you offended.
- Volunteer to clean in your classroom.
- Allow everyone else to go first for the entire day.
- Leave a thank you note for a family member.
- Tell your parents you love them.
- Record a message or video and send it to one of your grandparents.
- Be happy for someone else's success. Tell her/him.
- Let someone else pick TV for the night. Keep them company.
- Learn your bus driver's name and say something kind each day.
- Send a handwritten thank you note.
- Pray for the poor.
- Donate to a charity.
- Use reusable containers for lunch. Wash them when you get home.
- Help your family recycle.
- Take out the trash or do some other chore without being asked.
- When someone does something rude, assume he or she is having a bad day and respond compassionately.
- Make a thank you card for your school's maintenance person.
- Send a note to a favorite teacher.
- Mow a neighbor's lawn or shovel their walk.