

**Archdiocese of Philadelphia**  
**Archdiocese of Philadelphia**  
**PREP Mid-Year Assessment**  
**Study Guide**  
**Level 2**

## **I. Blessed Trinity**

- A. The Blessed Trinity is the central mystery of our faith.
- B. There are three persons in one God.
  - 1. God the Father
    - the First Person of the Trinity
    - He created all people and things
  - 2. God the Son, Jesus Christ
    - the Second Person of the Trinity
    - the Father's greatest gift to the world
    - His followers are called Christians
  - 3. God the Holy Spirit
    - the Third Person of the Trinity
    - received at Baptism and lives within us
    - Helps us to live good Christian lives
- C. Two prayers that express our belief in the Trinity are:
  - 1. The Sign of the Cross
  - 2. The Glory Be

## **2. Sacraments**

- A. There are seven sacraments.
- B. Christ instituted the seven sacraments.
- C. All sacraments give grace (God's life within us.)
- D. Baptism
  - 1. Forgives original sin and all sin
  - 2. Makes us children of God
  - 3. The symbols of Baptism are:
    - water
    - oils
    - white garment
    - Candle
    - Sign of the cross
    - The priest or deacon is the usual minister

## **3. Confirmation**

- A. We receive the full outpouring of the Holy Spirit
- B. Leaves indelible mark on our soul
- C. The bishop is the ordinary minister

#### **4. Eucharist**

- A. Instituted by Jesus at the Last Supper
- B. Jesus took bread and wine and changed them into His Body and Blood
- C. The Mass
  - 1. remembers the Last Supper
  - 2. priest consecrates the bread and wine into Jesus' Body and Blood

#### **5. Penance and Reconciliation**

- A. Sacrament that forgives our sins; it is also called confession.
- B. Temptation is a thought which comes to our minds to say or do something wrong; or not to do what we should do.
- C. Sin is a deliberate choice to break God's laws
- D. There are two kinds of sin:
  - 1. Mortal sin which is a grave sin
  - 2. Venial sin is a less serious sin
- E. We confess our sins to a priest
- F. We say the Act of Contrition to express sorrow for our sins
- G. The priest absolves us from our sins
- H. Bible Stories of Forgiveness
  - 1. Zaccheus
  - 2. Peter
  - 3. The Good Thief

#### **6. Anointing of the Sick**

- A. If someone is sick or in the danger of death, the priest prays for their healing and anoints them with holy oil.

#### **7. Sacrament of Marriage**

- A. Before God and the Church, a man and a woman promise to love, honor and be faithful to one another for a lifetime

#### **8. Holy Orders**

- A. Men become deacons, priests or bishops
- B. The ordinary minister is the bishop

#### **9. Prayer**

- A. Talking and listening to God
- B. A prayer of sorrow is the Act of Contrition

#### **10. Mary**

- A. Mother of God
- B. Our Mother and Model
- C. The rosary is a special prayer or devotion which honors Mary

## **11. Liturgical Year**

### **A. Sunday**

1. the most important day of the Christian week
2. celebrate Christ's resurrection

### **B. The priest wears green in Ordinary Time**

### **C. Advent is the season that prepares us for Christmas.**

## **12. Sacramentals**

### **A. Holy actions (sign of the cross, blessings)**

### **B. Holy objects (crucifixes, rosaries, holy water and oils)**