

Archdiocese of Philadelphia
PREP Mid-Year Assessment
Study Guide
Level 4

1. God the Father revealed:

- A. his love for his people
- B. a covenant with his people on Mount Sinai (Ten Commandments)

2. Commandments

- A. Know the Ten Commandments
- B. Be able to explain how the Ten Commandments help us to live a good Christian life

3. Grace

- A. free help of God
- B. gift of the Holy Spirit
- C. helps us in our spiritual growth

4. Sin

- A. Destroys our relationship with God
- B. Original Sin was inherited from Adam and Eve
- C. There are two types of personal sin:
 - Mortal (or serious) sin
 - Venial (or less serious) sin

5. Conscience

- A. A voice deep within our heart that helps us make good choices
- B. Formation of our conscience is a lifelong task
- C. It calls us to love to do good and avoid evil
- D. We examine our conscience before going to confession

6. Liturgical Year

- A. The cycle of feasts and seasons which celebrate the events of Jesus's life and presence in the Church.
- B. Sunday is
 - the Lord's day
 - the most important day of the Christian week
 - a celebration of Jesus' resurrection.
- C. We celebrate:
 - All Saints Day on November 1
 - The Immaculate Conception on December 8
 - Our Lady of Guadalupe on December 12
- D. During Ordinary Time the priest wears green which symbolizes hope and growth for life.

E. Advent is the season which begins the Liturgical Year of the Church and we prepare for the coming of Christ.

F. During Advent, the priest wears purple which symbolizes preparation and sorrow for sin.

G. The priest wears white during Christmas.

H. White is the liturgical color which expresses joy, glory, and innocence.

7. Mary

A. model of faithfulness and holiness

B. The rosary is a prayer of devotion to the Blessed Mother

C. There are four sets of mysteries of the rosary which celebrate events of Jesus' and Mary's life: the Glorious, Joyful, Sorrowful and Luminous Mysteries

8. Prayer

A. The Mass is the greatest form of communal prayer

B. The Our Father is a summary of the Gospel

9. Sacramentals

A. Holy actions (sign of the cross, blessings)

B. Holy objects (crucifixes, rosaries, medals, candles, holy water and oils)